

# IGNITING SELF-RECREATION ONE MIND AT A TIME

**Youth Engagement and Educational Support Limited (YEES) is dedicated to providing high-quality workshops, courses, and training for young people and educational providers.**

Our mission is to empower and uplift young people and pastoral staff through dynamic engagement, impactful interventions, and top-tier training.

**1 Workshops 2 Courses 3 Training for Educators 4 Safeguarding 5 Bespoke Programmes**

## Transforming Lives through

EMOTIONAL INTELLIGENCE

Our niche approach for young people goes beyond traditional methods by crafting interventions through an **Emotional Intelligence** lens, ensuring that every activity is engaging, relevant, and impactful.

**Emotional Intelligence** is key to resilience, mental well-being, and success. With 91% of young people using social media—often linked to anxiety and poor sleep—**learning to manage emotions, build confidence, and make healthy choices is more crucial than ever.**

Research shows that students with **high emotional intelligence** experience **better mental health, stronger relationships, and improved academic engagement.**

By developing these skills, young people become more **self-aware, assertive, and better equipped to handle life's challenges**, reducing behavioural issues and school exclusions. **Investing in emotional intelligence today builds a stronger, more successful generation.**



## WHY

WORK WITH US?

We are a highly experienced team with a proven track record in secondary, further education (FE), and higher education (HE), as well as youth work and the charity sector.

Our specialists in safeguarding, behaviour management, and targeted interventions bring leadership expertise at the highest levels.

What makes us different? We connect because we understand. Many of our team members come from the very communities we serve, allowing us to deliver relatable, impactful, and transformative interventions. Our tailored approach helps schools improve student well-being, behaviour, and academic success.

**YEES**  
YOUTH ENGAGEMENT & EDUCATIONAL SUPPORT

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## OUR RECENT WORK

### Mindful Emotions Programme:

Unlocking the power of emotional intelligence this engaging six-week programme is designed to help young people manage emotions, reduce anxiety, and build resilience.

Through interactive sessions, students gained confidence, self-awareness, and stronger relationships, leading to better behaviour, academic success, and overall well-being.

#### IMPACT

- ✓ 80% better manage emotions
- ✓ 70% feel more confident
- ✓ 80% report reduced anxiety
- ✓ 85% gain greater self-awareness



### Respectable You Programme:

A powerful six-week programme helping students navigate gender perceptions, relationships, and respect through engaging discussions and interactive activities.

This programme provided a safe space for students to explore these topics, challenge stereotypes, and improve their self-awareness and interpersonal skills.

#### IMPACT

- ✓ 75% better understand gender norms
- ✓ 75% can identify healthy vs. unhealthy relationships
- ✓ 75% show increased respect in social & academic settings
- ✓ 80% improve self-awareness & communication



### Marvellous Men Consent & Dilemmas Workshop



#### Very Easy

After the workshop, how easy do you find it to recognise when someone is unsure, uncomfortable, or unable to give consent?



#### Very Confident

After the workshop, how confident do you feel discussing consent with a partner?

Results from 182 Young Men



What's the most important thing you learnt from this workshop?

"Communication, honesty and respect make sexual relationships better."

"What the different ways to get consent are"

"The consequences of not getting consent."

“Thank you for your work with our young people, it is of grave significance and delivered in a relatable way. Thank you for your flexibility, creativity and commitment to our young people.”

Shooters Hill Sixth Form College, South London

## Funding Youth Services – A No-Cost Solution for Schools

We understand the financial pressures schools face in funding extracurricular activities and youth support services.

Our solution? We help schools secure grant funding to cover the costs of vital workshops, mentoring, and enrichment programmes—at no extra cost to the school.



- ◆ **Grant Application Support:** We identify and apply for funding on your behalf.
- ◆ **Budget & Delivery Planning:** We create a clear plan to ensure funding covers service costs.
- ◆ **Transparent Agreements:** We facilitate structured payments to ensure accountability.
- ◆ **No Additional Financial Burden:** Our fees are built into the funding, meaning schools pay nothing extra.

**Let's Make a Difference Together! Empower your students with the skills they need to thrive.**



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**Don't let funding or resources hold your school back—we're here to help!**

**Get in touch today to learn more about our programmes and how we can support your school.**